TEACHER ELIGIBILITY TEST – 2018
PAPER-II(B) Syllabus for Physical Education
Max. Marks: 150

PART - A

I. Language – I Telugu (10 Marks) 7th class Level

a. ఏలియుడుల సంపాదించండి
  
  - కర్తులు కొనసాగించండి (పాటూడాపాడు, బాగాచేరు, స్థలానిక, స్థలానిక రీతి)
  
  - మనస్తాత్మక విభాగం (గా ఈ, కావ్య రూపం)
  
  - మనస్తాత్మక విభాగం (మనస్తాత్మక విభాగం, మనస్తాత్మక విభాగం, మనస్తాత్మక విభాగం, మనస్తాత్మక విభాగం)
  
  - సంపాదించండి
  
  - సంపాదించండి
  
  - తిమ్మించండి

b. కవితలు సంపాదించండి
  
  - ఇతర వారి సంపాదించండి

(OR)

I. Language – I Odiya (10 Marks) 7th class level

a. আলোচনা করুন
  
  - লেখা পঠন (লেখা, পড়া, ধরণ, বিভাগ, মন্ত্র)
  
  - লেখা পড়া দল (লেখা, পড়া, দল)
  
  - লেখা (পূর্বশেষ, পুর্ববর্তী লেখা, পূর্ববর্তী লেখা, পূর্ববর্তী লেখা)
  
  - ফুলিন
  
  - ফুলিন
  
  - ফুলিন
  
  - ফুলিন

b. ভাষা সংস্কৃতি
  
  - ভাষা সংস্কৃতি

(OR)

I. Language – I Urdu (10 Marks)

a. اہم ہدایات
  
  - غاہی کے بύہنے (ہدایاتی ہدایات)
  
  - ہدایاتی ہدایات (ہدایاتی ہدایات)
  
  - سے اہم ہدایات (ہدایاتی ہدایات)
  
  - وہ (پہلی ہدایات, دواؤ کے بعد, تھی کے بعد, دواؤ کے بعد)
  
  - پہلا
  
  - پہلا
  
  - پہلا

b. اہم تعلیمات
  
  - اہم تعلیمات

(OR)
I. Language – I Kannada (10 Marks) 7th class level

a. Kannada Grammar
   - सुंदर (शब्दमाला, शब्दक्रम, वृहद, मूलहस्त, अवृहद)
   - अवधारणा – वृहद (शब्दमाला, संज्ञान, संज्ञान अवधारणा)
   - अवधारणा – मूलहस्त (शब्दमाला, संज्ञान, संज्ञान अवधारणा)
   - अवधारणा (शब्दमाला, संज्ञान, संज्ञान अवधारणा, शब्दमाला, संज्ञान, संज्ञान अवधारणा)
   - संज्ञान / संज्ञान अवधारणा
   - अवधारणा
   - मूलहस्त

b. Tamil Grammar
   - முதலி அடையாளம்

II. Language – II English (10 Marks) 7th Class level

a. Fundamental Grammar
   - Parts of Speech
   - Tenses
   - Active voice / Passive voice
   - Articles
   - Prepositions
   - Degrees of comparison

b. Reading Comprehensive
   - Communicative English
PART - B

III. Physical Education Pedagogy (30 Marks)

c. Definition of Method and Material
d. Presentation techniques – Personal and Technical – Management of Class.
e. Methods of Teaching – Factors influencing method – Verbal Explanation, Demonstration, Explanation, Discussion and Supervision.
h. Classification – Classification of Students – Mc Cloys, Cozens, Tirunarayan and Hari Haran, School Games Federation of India students classification.

PART - C

IV. Physical Education – Content (Marks: 100)

i. Organization and Administration of Physical Education (08 Marks)

a. Meaning of the terms organization, Administration and supervision.
b. Guiding Principles of Organization
c. Time-Table; Factors influencing time-table; Types of Physical Education Periods; Time allotment for Intra-Murals, Extra Murals, Play days, Demonstrations.
d. Budget and Accounting – Preparation and Administration of good budget.
f. Supervision – Meaning and need; Guiding principles of supervision.

ii. History of Physical Education (05 Marks)

a. History: Physical Education in Ancient Greece – Sparta, Athens – Ancient Rome – Germany, Ancient and Modern Olympic Movement. Historical development of Physical Education in India and status of various committees and their recommendations

iii. Basic Anatomy and Physiology (07 Marks)

a. Structure and Functions of cell
b. Skeletal system: Bones – Axial and Appendicular Skeleton – Structure and Functions of bones – Types of bones
c. Muscular system: Types of Muscles, Classification of Muscles
e. Digestive system: Structure of human digestive system and process of digestion.


g. Excretory system: Structure and Functions of Kidneys and Skin.


iv. Health Education and Safety Education (10 Marks)

a. Definition of Health, Hygiene and Sanitation


c. Factors influencing Physical, Mental and Social Health.

d. Communicable diseases – Prevention and Control – Tuberculosis, Cholera, Malaria, Typhoid, Measles and Whooping cough.


v. Yoga (10 Marks)

a. Yoga – Definitions, Meaning and Objectives.

b. Values of Streams of Yoga – Jnana, Bhakti, Karma, and Raja Yoga.

c. Patanjali Ashtanga Yoga; Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi.

d. Pranayama – Meaning, Importance and Stages of Pranayama.

e. Asanas – Various types of Asanas.

vi. Officiating and Coaching of Physical Education (60 Marks)

a. Meaning and Principles of officiating

b. Duties of Referee / Umpires / Scorers in various Games.

c. Athletics – Runs, Throws and Jumps
   Marking, Rules, Signals and Systems of Officiating in the following Games: Cricket, Hockey, Basketball, Football, Softball, Handball, Tennikoit, Ball badminton, Volleyball, Kabaddi, Kho Kho.